GOMS Eblast 10-22-21



Dear GOMS Staff and Families,

As we approach Halloween, we would like to remind all of our families of the costume guidelines that we follow every year. Students are welcome to wear costumes on Friday, October 29th to school. Please follow these guidelines if you voluntarily choose to wear a costume to school:

Halloween Costume Guidelines

With Halloween approaching, here are the guidelines if you are planning on wearing a costume to school:

- **Dressing up for Halloween is voluntary.** Students and staff who prefer not to dress up may choose that option.
- Costumes must be in good taste. No references to drugs, alcohol, tobacco, sex or violence will be allowed. Students may not have blood displayed on their clothing or makeup.
- Halloween hair dye and makeup must be applied at home. NO hair dye or makeup may be brought to school. Any Halloween hair dye or makeup at school will result in an Administrative Referral to the office.



- Hats may be worn if they are part of a costume. Hats may not be worn if they are not part of a costume.
- Full face masks are not allowed. A mask covering only the area around the eyes is acceptable.
- No weapons or look-alike weapons of any kind may be brought to school. This includes plastic, wooden or other type of sword, dagger, knife, gun, etc. Any look-alike weapon will result in an Administrative Referral to the office.

On Friday before Halloween, the focus for the day is still on learning. While we will have fun dressing up, students are reminded that we will continue to have regular classes and instruction all day long.

Let's have a good time dressing up on Friday before Halloween. If you have a question about your costume, tell a teacher or administrator what you plan to wear and let them decide if it is appropriate. Remember to keep all costumes in good taste.

NOTE: Full masks or animal heads will not be allowed at school. Anything that covers the head is a safety hazard and will need to be left in the office if worn to school.

Reminder - It is entirely up to each student if they would like to wear or not wear a costume to school.

Sincerely, Mrs. Honegger and Mr. Holmes **SITE COUNCIL PARENT MEMBERS NEEDED** - We are in need of parents to serve on our Site Council. The Site Council objective is to assist Granite Oaks Middle School in matters pertaining to the school and its educational program. We meet 3 to 4 times a year to develop our School Site Plan for Student Achievement and our School Safety Plan. Meetings are scheduled this year for October 27, 2021, January 26, 2022, and February 16, 2022 at 3:30 p.m. and typically last about one hour. If you are interested, <u>APPLY HERE FOR SITE COUNCIL</u>



Red Ribbon Week - 10/25 - 10/29

Mr. Champ and ASB have many activities planned to promote a drug-free, safe environment.

Mrs. Lema's Art students will be creating murals all week in the Amphitheatre.

Instructions for the safe return to school after your student is out ill with symptoms.

COVID-19 Symptoms			COVID-19 Respiratory Symptoms	
Fever (>100.4) Fatigue Chills	Muscle or body aches Headache Sore throat	Nausea Vomiting Diarrhea	Congestion Cough Runny Nose	Difficulty breathing Shortness of Breath New loss of taste or smell

Your child may return to school for in-person instruction only when <u>all three</u> of the following criteria have been met, regardless of vaccination status:

- 1. Fever free without the use of fever-reducing medications for at least 24 hours, AND
- 2. Other symptoms have resolved for at least 24 hours, AND
- 3. EITHER:
 - a) Documentation that the symptoms are typical of a chronic underlying condition (e.g. allergies or asthma), OR
 - b) A confirmed alternative named diagnosis (e.g. strep throat) is received from a health care provider, **OR**
 - c) A negative COVID LAB or Clinic test (NO HOME TEST KIT/OVER THE COUNTER TEST), OR
 - d) At least 10 days have passed since symptom onset

Instructions on how to quarantine can be found at <u>www.placer.ca.gov/coronavirus/guidance</u>. You should contact your health care provider or an appropriate testing facility so that your child can be evaluated and get tested immediately. Be sure to let the provider know if you are a close contact to a confirmed COVID-19 case. After receiving test results, we require you to share the results with us so that we can ensure appropriate safety measures are being taken on campus. Email your test results to <u>rusdcovidnurses@rocklinusd.org</u> and to our Health Office at <u>lpelly@rocklinusd.org</u> and to jholmes@rocklinusd.org

If you do not have a health care provider, additional testing resources are available at <u>Testing Resources</u> or <u>www.placer.ca.gov/coronavirus</u>.

Our top priority is the health and safety of our school communities, and we take this responsibility seriously. We strongly recommend that if your child is vaccinated they return to school as soon as possible to ensure continuity in their academic and socio-emotional development.

During the quarantine period, you should receive and/or have online access to classroom assignments. If your quarantine period lasts for more than three days, you should contact your school attendance office for an independent study contract. If your child is too sick to participate, please follow normal procedures for calling in sick to the school office.

Thank you for your cooperation and support in helping us to maintain a healthy and safe learning environment.

Dear 7th grade GOMS families,

The Comprehensive Sexual Health and HIV Prevention Parent Preview Night is scheduled for October 26th, from 6:00-6:45pm. This will be a virtual event, with an option to simultaneously view hard copies of materials in the GOMS multipurpose room (See Parent/Guardian Notification Letter for more details).

Please use this link <u>Parent/Guardian Notification Letter</u> to:

View specific details about the event, including links to all items which will be discussed at the Parent Preview Night.
Request the <u>Zoom link</u> to attend the event virtually

3) Read and complete the opt-out form, should you prefer that your child <u>NOT</u> participate in the district-adopted curriculum this year. (No response is necessary if you do want your child to participate in the curriculum).

Supplemental School Funding

Rocklin Unified School District needs your help to ensure adequate funding for our schools and students. The Rocklin Unified School District (RUSD) now offers families simple, easy, and online access to complete the <u>Education Benefits</u> <u>Income Form</u>. When all families submit the form, RUSD can receive the maximum state funding and better meet each school's and student's needs in order to leverage additional services for all students. Without everyone's participation, schools may not receive all of the funding they are entitled to from the state, which would result in fewer services for our students and fewer tax dollars returning to our local community benefiting our students.

Funding supports services for students, families and staff, including the following:

- Mental health and wellness services
- Middle and high school counseling
- Full-day Kindergarten
- Staff and parent education
- Academic Intervention programs and tutoring
- Technology for students
- English learner and translation services
- College & Career preparation
- Supports for Foster Youth and Homeless Students

All families are asked to complete the <u>Education Benefits Income Form</u> as soon as possible, but no later than **Monday**, **October 31, 2021**. All information is completely confidential and will not be shared with any other organization or entity. Your student's identification number is not necessary to complete the form. Participation is critical to ensure our funding levels are not decreased for the current and future years. We can all take a couple of minutes to help ensure that RUSD receives the funding our students deserve. By completing the form, our students stand the chance of receiving valuable resources instead of having those funds go elsewhere. For the 2021-2022 school year and moving forward, this new online submission process will only take a few minutes to complete. Parents click <u>here</u> or visit RocklinUSD.org for easy access and submission.

Rocklin Unified respectfully requests that all families take a few minutes to complete the form.

Sincerely, Rocklin Unified School District

California Junior Scholarship Federation



Attention 8th Grade Scholars

The Granite Oaks chapter of the California Junior Scholarship Federation (CJSF) will be accepting applications for membership, starting Monday, October 18, 2021. The purpose of CJSF is to foster high standards, service and citizenship for middle school students. To qualify for CJSF, applicants must meet the following:

- 1. All grades earned from the spring semester of 7th grade must be "C" or better.
- Eligibility is based on CJSF's point system. To be eligible, a student must have at least twice the number of points as classes. An "A" = 3 points, a "B" = 1 point, and a "C" = 0 points. Enrichment, Leadership and P.E. do not count as academic subjects.
- 3. Advanced Math 7 Classes: "A" = 3 points,
 - a "B" = 2 points, and a "C" = 0 points.
- 4. Applicants must have maintained 85 or more merits throughout the two previous quarters.
- 5. Applicants should be willing to participate in volunteer service activities for their school and community while members of CJSF. The minimum requirement is 2 hours of school service per semester.

Applications can be picked up in the front office or in room C8. **Applications are due Monday, November 1, 2021, no exceptions.** Applicants will be notified by Friday, November 5, 2021. Please email Ms. Willson at cwillson@rocklinusd.org with any questions.

Yearbook News - Updates

Granite Oaks Yearbook needs your help!

In the past few months, did your student take a trip? Take up a new hobby? Volunteer? If so, we need you! In this crazy year, it is more important than ever that Granite Oaks families share photos of their students and their stories. Sharing photos has never been easier - simply email the photos to Ms. Willson at the email address below . Your help is greatly appreciated! Here is a list of some photos we're hoping to get:

- Summer vacation photos
- First Day of School
- All Fall sports Cross Country, Flag Football, Volleyball
- Families on the front -lines: pictures of first responders with their GOMS kids

Send your photos to: cwillson@rocklinusd.org

Yearbooks are now on sale!

Please click on the link below to purchase your 2021-22 yearbook! ORDER YOUR 2020-21 YEARBOOK HERE

Did you buy a yearbook last year?

If you did, but were unable to pick it up, please email Mrs. Willson to arrange for pick up. <u>cwillson@rocklinusd.org</u> or 916.315.9009 ext 4028

Granite Oaks Middle School



Rocklin Unified School District

"A National Blue Ribbon and California Distinguished School" 2600 Wyckford Boulevard, Rocklin, CA 95765

Jay Holmes, Principal Karen Honegger, Assistant Principal Linda Marcarian, Counselor Tressa Lindsey, Counselor

Dear Families,

We are so grateful you are a part of the school community this year. One of the aims of Rocklin Unified and Granite Oaks Middle School is to provide a system of academic and social-emotional support in a culture of acceptance for all students. Through our LCAP stakeholder engagement process, staff, families, and students identified a need for increased behavior and social-emotional support for students. One of the ways we will be expanding our social-emotional instruction and support services to students is by utilizing a social and emotional learning curriculum for students called CharacterStrong. The curriculum spans grades 6-12 and focuses on 3 main outcomes:

- Increasing a sense of belonging for all students
- Improving skills that support student well-being
- Deepening student engagement in their academics, in their school, and in their community.

Analysis of student data from the California Healthy Kids Survey (CHKS) indicated a need to expand our support to address the social emotional needs of our students, including connectedness/sense of belonging at school, anxiety and depression, and self-awareness.

In response to the need, during summer 2021 a team of RUSD staff met to review social and emotional learning curricula. During the review process, the team utilized resources from CASEL (Collaborative for Academic, Social, and Emotional Learning), a nationally recognized source for knowledge about high-quality social and emotional learning (SEL). Following the review process, the team identified CharacterStrong (for grades 6-12) as a top choice.

The CharacterStrong curriculum is designed to support school communities as they engage in the work of preparing young people to thrive in the 21st century. <u>Research</u> supports the effectiveness of social & emotional learning in schools to increase student's academic success and college & career readiness.The lessons focus on developing skills and mindsets around building positive habits, understanding our emotions, and increasing empathy.

We recognize that our families may want additional information about the scope and sequence in addition to the specific content within the lessons. CharacterStrong provides a copy of the scope and sequence of the lessons contained within the curriculum, which can be found <u>here</u>. You may also preview the curriculum at the Granite Oaks Middle School by contacting us at (916) 315-9009 to set up an appointment. To learn more about CharacterStrong, check out <u>characterstrong.com</u> to discover other resources for students and families.

Looking forward to a great year!

Jay Holmes, Principal

Karen Honegger, Assistant Principal



<u>Granite Oaks Middle School</u> <u>Parent Falcon Club</u>

Thank you to our newest (returning) sponsor!



We would like to thank Alexander & Martin Orthodontics for their continued support of Granite Oaks! We are thrilled to have them return as a corporate sponsor!

Alexander & Martin Orthodontics is a family-friendly practice that will work with you to create a treatment plan tailored just for you! They are committed to gentle, professional care and offer a complimentary consultation.

Please be sure to check out their <u>website</u>, follow them on <u>Facebook</u>, and most importantly: consider calling them and letting them know you are a GOMS family!

Website: <u>https://www.ambraces.com/</u> Facebook: <u>https://www.facebook.com/ambraces/</u>

You can also find them on the GOMS PFC webpage and on the front page of the GOMS app.

(You can find the GOMS app by downloading for either android or apple).

Day of Awesomeness Volunteers Needed - 11/3

Step It Up will be here for our Day of Awesomeness! We are looking for adult volunteers on **Wednesday**, **11/3 from 1:20** - **3:00pm**. Volunteers will be needed at each of the 12 fun stations as monitors. If you are available to help, please sign up at:

https://www.signupgenius.com/go/508054FAFAB22A4FD0-dayofawesomeness

Staff Appreciation

Our wonderful teachers enjoyed all the treats sent in this week. Thank you so much!

